

Grab & Go

Sandwiches

Ask your site lead to swap any of these into a gluten-free wrap

Ham Jam \$14.35

Applewood smoked ham, swiss cheese, honey mustard aioli

GF wrap available

Grilled Chicken Banh Mi \$15.00

Grilled chicken thigh, sambal aioli, cucumber, pickled carrot & daikon, jalapeño, cilantro

Halal chicken

GF wrap available

Maitake Banh Mi \$15.00

Maitake mushroom, sambal aioli, cucumber, pickled carrot & daikon, jalapeño, cilantro

Vegetarian

GF wrap available

Chickpea Salad Sandwich \$13.25

Chickpea, celery, caper, scallion, cilantro, garlic, lemon, tahini, radish, pickle, daikon sprout

Vegan

Dairy free

GF wrap available

Cubano \$15.90

Roast pork loin, applewood ham, swiss, house pickles, mustard — griddled & pressed

GF wrap available

Tuscan Steak Wrap \$16.70

Grilled top sirloin, white bean purée, tomato, arugula, calabrian chile, salsa verde, lavash

Dairy free

GF wrap available

Salads

Add a protein: grilled chicken +\$1.45 · fried tofu +\$0.65 · pan seared salmon +\$2.30

Salmon Niçoise Salad

\$17.65

Roasted salmon, Superfine salad mix, potato, cherry tomato, green bean, egg, olive tapenade, sherry shallot vinaigrette

GF

Dairy free

Keto Cobb Salad

\$17.90

Superfine salad mix, egg, red onion, tomato, bacon, smoked turkey, blue cheese, herb ranch

GF

Caesar Salad

\$14.00

Hearts of romaine, garlic croutons, caesar dressing, shaved parmesan

Seasonal Protein Bowl

\$14.00

Lentil, quinoa, greens, market vegetable, watermelon radish, seasonal fruit, sherry shallot vinaigrette

Vegan

GF

Dairy free

Dish

Penne add-ons: grilled chicken +\$1.45 · fried tofu +\$0.65 · pan seared salmon +\$2.30

Mission Style Chicken Tinga Burrito \$15.65

Braised chicken, chilies, oregano, garlic, black beans, spanish rice, superfine slaw, pico de gallo, salsa de árbol, salsa verde

Dairy free

Halal chicken

Cantonese Black Bean Salmon \$17.00

Roast salmon, ginger black bean sauce, garlic-ginger bok choy with shiitake, jasmine rice

GF

Dairy free

Chicken Tikka Masala \$15.00

Spiced chicken, tomato-coconut sauce, toasted spice, cardamom rice, roast vegetables, cilantro

GF

Halal chicken

Smoked Beef Brisket \$16.70

Smoked brisket, Black Bark BBQ sauce, mac & cheese, green bean salad, corn muffin

Fried Tofu Sisig Bowl \$14.50

Tofu, mushroom, pepper, onion, garlic, chili, soy sauce, lime, cilantro, garlic fried rice, roasted vegetables

Vegan

GF

Dairy free

Penne with Eggplant \$14.50

Penne pasta, fried eggplant, marinara sauce

Vegan

Dairy free

Quick bites

Turkey & Cheese Bocadillo \$10.25

Sliced turkey, swiss, dijonnaise, baguette

That's a Veggie Wrap \$12.00

Turmeric roasted cauliflower, garbanzo salad, jalapeño, cilantro chutney

Vegan

GF

Dairy free

Smoked Chicken Slider \$6.00

Alabama white sauce, chipotle slaw, pickle, brioche bun

Halal chicken

Macaroni and Cheese \$6.85

Elbow macaroni, cheddar sauce, herbed breadcrumb

Vegetarian

Yogurt, chia & overnight oats

Two sizes available: 12 fl oz and a 5 fl oz mini

Peachy Keen Yogurt Cup **\$9.15** / \$5.75 mini

Peach, organic coconut yogurt, agave & turmeric granola

Vegan

Dairy free

Chia Pudding, Berries **\$9.20** / \$5.75 mini

Chia seeds, coconut milk, maple syrup, orange zest, fresh berries

Vegan

GF

Dairy free

Chia Pudding, Choc. Strawberry **\$9.50** / \$6.00 mini

Chocolate-covered strawberry compote, orange zest, blueberry, warm spice

Vegan

GF

Dairy free

Chia Pudding, Bananas Foster **\$9.50** / \$6.00 mini

Banana, brown sugar, cinnamon, nutmeg, dark rum

Vegan

GF

contains alcohol

Apple Pie Overnight Oats **\$8.40** / \$5.50 mini

Oatmilk, sautéed apples, cinnamon, brown sugar, warm spice

Vegan

Dairy free

Choc. Strawberry Overnight Oats **\$8.40** / \$5.50 mini

Oatmilk, chia, strawberry-chocolate compote, blueberry, coconut yogurt

Vegan

Dairy free

Bananas Foster Overnight Oats **\$8.40** / \$5.50 mini

Oatmilk, banana, brown sugar, dark rum, coconut yogurt

Vegan

contains alcohol

Smoothies

14 fl oz unless noted

Banana Date \$8.10

Banana, dates, coconut yogurt, ginger, cardamom, cinnamon

Vegan

GF

Dairy free

Mixed Berry \$8.90

Greek yogurt, mixed berries, banana, whole milk, agave

Vegetarian

GF

Green Detox \$7.75 / 12 oz

Spinach, kale, cucumber, ginger, lemon, honey, apple

Vegetarian

GF

Dairy free

Strawberry-Banana \$9.00

Greek yogurt, strawberries, banana, whole milk, agave

Vegetarian

GF

Breakfast

Bacon Breakfast Burrito \$10.70

Scrambled eggs, bacon, potato, pepper, onion, cotija, salsa de árbol

Chorizo & Potato Burrito \$10.70

Scrambled eggs, chorizo, potato, pepper, cotija, pico de gallo

Smoked Brisket Potato Burrito \$10.70

Scrambled eggs, smoked brisket, potato, pepper, cotija, pico de gallo

Southwest Tofu Scramble \$9.50

Tofu, black beans, onion, pepper, tomato, cilantro, salsa de árbol

Vegan

GF

Dairy free

Ham, Egg & Cheese Croissant \$12.00 / \$7.80 mini

Applewood ham, swiss, egg, tomato, butter croissant

Egg & Cheese Croissant \$9.75

Swiss cheese and egg on a butter croissant — no ham, no tomato

Vegetarian

Chicken Sausage Sandwich \$11.00

House chicken sausage, egg-frittata patty, cheddar, aioli, english muffin

Frittata Sandwich \$9.75

Egg-frittata patty, cheddar, aioli, english muffin — no sausage

Vegetarian

Vegetable Frittata Egg Bites \$7.80

Egg, cream, pepper, onion, spinach, tomato, cheddar & parmesan

Vegetarian

GF

Bacon Frittata Egg Bites \$6.50

Egg, cream, bacon, cheddar & parmesan

GF

Sides & fresh

Fruit To Go \$6.75

A selection of cut fresh fruit and berries

Vegan

GF

Dairy free

Side Garden Salad \$8.00

Superfine salad mix, carrot, beet, shaved fennel, sunflower seed, balsamic

Vegan

GF

Dairy free

Superfine Slaw \$3.75

Green & red cabbage, carrot, vegan celery seed dressing

Vegan

GF

Dairy free

Boxed snacks

Hummus Nosh \$12.30

Hummus, mini flatbread, carrot, cucumber, grape tomato, mixed olive

Vegetarian

Cheese Please \$16.50

NY cheddar, Brie, fruit, gluten-free crackers

Vegetarian

GF

tree nuts

Meat & Cheese Protein Pack \$11.00

NY cheddar, hard-boiled egg, salami, mixed nuts

GF

tree nuts

Key — Vegan · Vegetarian · GF gluten free · Dairy free · Halal chicken